Rock This Town

Count: 32

Level: Improver

Choreographer: Tina Argyle (UK) - May 2020

Music: Rock This Town - Stray Cats : (Album: Stray Cats)

Thanks to Steve Lovett for bringing this track to my attention

Count In : 16 counts from start of heavy beat - start at approx 15 secnds into the track

R Mambo Fwd. Lock Step Back. Coaster Step. L Shuffle Fwd

- 1& 2 Rock forward onto R, recover weight onto L, step slightly back R
- 3&4 Step back L, lock R over L, step back L
- 5&6 Step back R, step back L, step forward R
- 7&8 Step forward L, close R at side of L, step forward L

Rumba Box. Walk Back With Sweeps. Rock Back.Recover

- 1& 2 Step R to right side, close L at side of R, step forward R
- 3&4 Step L to left side, close R at side of L, step back L sweeping R clockwise at the same time
- 5-6 Step back R sweeping L anti-clockwise at the same time, step back L sweeping R clockwise at the same time
- 7-8 Rock back onto R (lift the L knee if you wish) recover weight forward onto L

Step, Hold ¼ Turn, Hold. Step, Hold ¼ Turn, Hold. Modified Jazz Box With Side Rock, Recover

- 1-2 Step fwd R, make ¼ turn left (it will feel like you are holding before the turn, as not using the & count) 9 o'clock
- 3-4 Step fwd R, make ¼ turn left (it will feel like you are holding before the turn, as not using the & count) 6 o'clock
- 5-6 Cross R over L, step back L
- 7-8 Rock R out to right side as you push the hip at the same time, recover weight onto L

Mambo Cross Rock R then L. Mamo ¼ Turn, Run ½ Turn

- 1& 2 Cross rock R over L, recover, step R to right side
- 3&4 Cross rock L over R, recover, step L to left side
- 5&6 Cross rock R over L, recover, make ¼ turn right stepping fwd R 9 o'clock
- 7&8 Run round a ¹/₂ turn right stepping L,R,L 3 o'clock

*** TAG at the end of walls1,4,7 then restart the dance from the beginning ***

Tag Charleston Step. Sailor 1/4 turn x3

1-2 Touch R toe forward, step back on R

3&4 Make ¼ turn left sweeping and stepping L in place, step R at side of L, step L in place *** Repeat the above 4 counts 3 times to complete the tag, you will have made a ¾ turn altogether ***

Last Update - 17 June 2020





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Wall: 4